

Upcoming Events

28th March 2009 - Picnic #1

*RSVP at indouswinston@gmail.com

to volunteer or host activities

19th April – Juniors Tennis Camp

*RSVP at indouswinston@gmail.com

9th May 2009 – India Fest (Utsava)

*More details to follow soon



* Kick-off Event held on Jan 24th 09



* Brides of India from Kick-off Event

Humour Moment



Dear Members,

It gives me great pleasure to write to you launching this first ever edition of IUCA Newsletter 'Indo Words'. It is our intent to bring across this newsletter in a timely fashion, filled with valuable content. I invite each one of you to come forward and contribute content to our upcoming editions at indouswinston@gmail.com

Thank you for taking time to actively participate in our events. We had record attendance and membership dues payment at our Kick-off event. The subsequent Valentine's Day Skate Night was enjoyed by many kids and members. Hope you had a chance to look at our up-to-date website and the pictures of the kick-off event. Committee members are working diligently putting together the upcoming Picnic on March 28th. I am already seeing some exciting ideas in the works to make the picnic exciting and fun-filled. The official date for our annual downtown festival 'Utsava - India Fest' is finalized for May 9th, 2009. Please mark your calendars, more information on this event should come your way soon.

I look forward to seeing you all at the Picnic this month.

Madan Rangabasyam
President

*****Please visit our website www.indouswinston.org for up-to-date information*****
*****IUCA kids are active in their own website <http://www.iucakidsclub.community.officelive.com/>*****

From the Treasurer

In the recent past, members have repeatedly requested opportunities to communicate their business events and professional services. While it helps IUCA to cover some of our expenses, it also helps our members to expand their reach. If you are interested, please contact any committee member.

- Sponsor our Newsletter - \$100 each edition
- Sponsor our Event Flier - \$100 each event
- Sponsor our Members Directory - \$100 each edition
- Display your small Banner in our events - \$150 each event
- Donate Picnic Activity prizes
- Donate Snacks for our Events
- Donate a large IUCA Event banner
- Donate for our Auction (lunch for two, coupons, etc.)

Yum Yum Recipe!

PALAK PULAO (Serves 4)

By Veena Purushotam

Ingredients:

Ginger - 1 inch
Garlic - 3 to 4 cloves
Onion - 1 medium
Green Chilies - 3 to 4
Rice - 1 cup cooked rice
Fresh Spinach - 1/2 bunch
Tomatoes - 1 big
Salt - According to taste
Lemon juice - According to taste.

For Masala:

Cardamom - 3 to 4
Cloves - 4
Cinnamon Stick - 1/2 inch
Oil - 3 to 4 Tblspn

Recipe:

Boil spinach until it is cooked. Make puree and set it aside.
Heat oil in a deep pan. Put cut green chilies and masala when heated. Cut onion lengthwise and sauté until golden brown. Add ginger-garlic (paste/cut). Cut tomato and add. Add spinach puree to the pan and cook for a minute. Add salt, lemon juice, and cooked rice.
Mix it completely and garnish with cilantro.
Serve with plain yogurt or raita.

Jokes Corner:

Money can't buy happiness -- but somehow it's more comfortable to cry in a Corvette than in a Yugo.

I went to a store to buy some insecticide. "Is this good for beetles?" I asked the clerk. "No," replied. "It'll kill 'em."

India Through The Western Lens...

Dr. Ananda Mitra from Wake Forest University, in his book "India Through the Western Lens," explored how Indians have been represented in more than 60 films during the past several decades and role that such films play in shaping public attitudes. In keeping with the tradition of telling tales about India, from the days of 'Gunga Din' to the 'City of Joy,' Danny Boyle and Loveleen Tandon have again successfully mythologized the brown-skinned child as the source of inspiration for people sitting in plush multiplexes of America and lamenting the condition of the downtrodden on the other side of the world. "The directors have updated the surface content of the movie to include the changes that have happened in India since the making of the very similar 'City of Joy,' but it falls into the same genre of movies that have exemplified Hollywood's look at India. Furthermore, SM has been influenced by the aesthetics of the booming Bollywood film industry, where 'running children trying to get away from evil by jumping on a train, getting separated, and then living their life trying to find the lost one' theme was popular in blockbusters such as "Yadon Ki Barat."

Link to face-to-face interview:

<http://www.myfox8.com/news/buckleyreport/wghp-br-bollywood-090226,0,2659624.story>

2009 Committee

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*Past and Present Committee